

Vanessa Most

E-Mail: info@vanessamost.com
Residence: Berlin, Germany
Born: 1988 in Eisenhüttenstadt

Playing Age: 26 - 35 years
Height: 5'3 (159 cm)
Weight : 103 lbs (47kg)
Hair Colour: Light Brown
Hair Length: Shoulder Length
Colour of eyes: Blue

Ethnic types: Middle Europe

Languages: German (mother tongue)
French (fluent)
English (fluent)

Driving Licence: B - Car Driving Licence

Accommodation: London, New York, Los Angeles, Paris, Bordeaux, Madrid, Zurich, Vienna, Munich, Cologne



TRAINING

2021 /24	THE NAKED FACE – CAMERA ACTING. David Penn (UK)
2020	CAMERA ACTINF FOR YOUNG TALENTS. Teresa Harder
2019	CASTING TRAINING NATIONAL AND INTERNATIONAL. iSFF Berlin
2018	TACTIC, FORMATION AND CHOREOGRAPHY. Sicherheitsinstitution Berlin (SIB)
2016	CASTING WORKSHOP. Wolfgang Wimmer
2015	MEISNER TRAINING. Frank Betzelt
2015	GUN TECHNIQUES AND TRAINING. Sicherheitsinstitution Berlin (SIB)
2014 - 15	COACHING, Die Tankstelle – Für Künstler zum Auftanken. Brigitte Simons
2015	ACTING WORKSHOP. Sophie Molitoris
2014	CAMERA ACTING WORKSHOP. Tim Garde
2013	LOS ANGELES INTERNATIONAL MASTERCLASS. Bernhard Hiller
2013	ACTING WORKSHOP, STARTER Berlin Acting School for Film and Television. Christine Knauff, Liz Hencke and Yuri Gàrate
2003 - 08	IMPROVISATION AND ACTING. Jugendclub des Landestheaters Coburg

EXTRA

WS 2009/10	Bauhaus University Weimar/Université Lumière Lyon2 Programme: European Media Culture Degree: Bachelor of Arts / Licence en Information-Communication
Internships	Newspaper Editing 'Obermain-Tagblatt' Lichtenfels Television editorial WDR 'Zimmer Frei ' Cologne Television editorial 3Sat 'Kulturzeit' Berlin Television editorial ARTE Strasbourg

FILM AND TV (selection)

- 2024 **Shadows of the Wasteland** | film, directed by Alexander Pfander
- 2023 **Jenseits der Spree** | tv series, directed by: Christoph Ischinger / Studio Zentral, ZDF
Dünentod. Ein Nordseekrimi | tv series, directed by: Dominic Müller / MadeFor Film, RTL
Das Küstenrevier | tv series, directed by: Patrick Caputo / Pyjama Pictures, SAT.1
The Buzzer | feature film, directed by: Nando Dietz / Need Film
Nacht | short film, directed by: Christophe Maïa / Saint Gingembre
REM | trailer, directed by: Riccardo Cannella / Dobago Film & Cinnamon Production
Monster on a Plane | feature film, directed by: Ezra Tsegaye / Riot City Entertainment
- 2022 **Gute Zeiten Schlechte Zeiten** | tv series, directed by: Andreas Pflaumbaum / Grundy UFA, RTL
Post Mortem | short film, directed by: Gabriel Horn
- 2021 **About Jana** | feature film, directed by: Sebastian Peterson / Barnsteiner Film
Angstgestalt | short film, directed by: Linus Joos / Filmuniversität Babelsberg
- 2020 **Last of Us** | action short film, directed by: Alois Knapps / Triplefilm
KIZ – Rap über Hass | music clip, directed by: Boris Saposchnikow | ifeelfinefilm&design
- 2019 **Midnight Regulations** | film, directed by: Nils Keller / HFF München
A Little story | film, directed by: Dominik Ströhle / Filmakademie Baden-Württemberg
Marketing Rookies | educational series, directed by: Lucas Flasch / Studio2B
- 2018 **Jenny – echt gerecht!** | tv movie, directed by: Andreas Menck / Talpa Germany, RTL
Triebe | short film, directed by: Lorenzo Gandolfo / DFFB
Nicht ganz da | short film, directed by: Martin König / Nordmedia
- 2017 **The Hate Job** | imagefilm, directed by: Nils Keller / HFF München, Cellardor Film
Les saisons d’après | short film, directed by: Mathieu Charrière / 2 Heures 56
Untitled | short film, directed by: Mario Propper / filmArche
- 2016 **Lucy isn’t alone** | short film, directed by: Saddiq Abubakar / UDK
Shattered | short film, directed by: Arne Karsten / HDM Stuttgart
Die Schönste im ganzen Land | short film, directed by: Christoph Dobbitsch
- 2015 **Culcha Candela** | music video, directed by: Manuel Cortez / BoomYeah Berlin
Nachtgleiter | cinema, directed by: Nico Gühlstorf / TrueVisionPictures
Der Herzensbrecher | television, directed by: Ali Hassan | Constantin Ent., SAT.1
- 2014 **Gute Zeiten Schlechte Zeiten** | tv series, directed by: Frank Hein / Grundy UFA, RTL
Heartcore – Der Film | short film, directed by: Romina Seiz / ROCC Film

- 2013 **Der Nachtmahr** | cinema, directed by: Akiz / Millbrook Pictures
Gute Zeiten, Schlechte Zeiten | tv series, directed by: Britta Keils | Grundy UFA, RTL
Baby on Board | tv series, directed by: Patrick Freiheit | Constantin Ent., SAT.1
- 2012 **heiter bis tödlich. Akte Ex** | tv series, directed by: Christoph Klünker | Saxonia, ARD

COMMERCIAL

- 2024 **Amplifon.** Cinesstar S.r.l. Greg Bray
IDEAL Versicherung. Founders Media. Alexander D. Jozvaj
- 2023 **Droneworks.** Need Film. Nando Dietz
- 2022 **Golden Toast.** Wunderfilm. Peter Spans.
- 2020 **Dr. Oetker – Löffelglück.** TwinFilm. Job van As.
Dolodobendan / Strepsils – Museum Guide. Savage. Nan.
- 2017 **München Tourismus – Hardest Job.** Cellador Film. Nils Keller
- 2016 **Funny Frisch – Heimat.** e+p films. Tim Löhr
Aktion Mensch – Schach. Tempomedia. Jan Hinrik Drevs
- 2015 **Ferrero Küsschen Caramel.** Bears Calling. Paul Gerwien.

THEATRE ENGAGEMENTS

- 2007 **UBU THE KING**
Jugendclub Landestheater Coburg, directed by: Sven Ruppert
- 2006 **HOLY WAR // HEILIGER KRIEG**
Jugendclub Landestheater Coburg, directed by: Sven Ruppert
- 2005 **DURING THE NIGHT // NACHTFAHRT**
Jugendclub Landestheater Coburg, directed by: Sven Ruppert
- 2004 **LUST FOR LIFE // LUST AUF LEBEN**
Jugendclub Landestheater Coburg, directed by: Sven Ruppert
- THE THREE MUSKETEERS**
Romantikbühne Bad Berneck, directed by: Michael von Hohenberg
- 2003 **THE CHILDREN'S HOUR**
Jugendclub Landestheater Coburg, directed by: Sven Ruppert